

## Low cost and free meals Directory

## **2022** Christmas Version



Provider	Address	Type of Service	When	Christmas period
Albion Park Youth & Community Care Inc.	Albion Park Community Centre, Russell St, Albion Park	Emergency food relief by appointment Community breakfast	Food relief: Call 4257 3342 for an appointment Breakfast: Tue and Thu: 7am-9am	No info provided
Anglicare	152 Keira St, Wollongong	Emergency food relief by appointment	Call 8624 8600 for an appointment	Last service 23 Dec, returning 9 Jan
Anglicare Mobile Community Pantry	Anglican Church Corrimal	Low cost community grocery, \$12 grocery bag (valued at \$60, mainly non-perishables). Community pantry at Op Shops.	2nd Mon: 10.30am - 11.30am	Last service 12 Dec, returning 6 Feb
	Anglican Church Oaks Flat		2nd Thu: 10am - 11.30am	Last service 15 Dec, returning 9 Feb
	Shellharbour Anglican Church		2nd Fri: 1:30pm - 2:30pm	Last service 16 Dec, returning 10 Feb
	2nd chance Op Shop Berkeley	Call 86248600 for an appointment	2nd Tue: 1.30pm - 2.30pm	Last service 13 Dec, returning 7 Feb
Bellambi Neighbourhood Centre	Corner of Cawley St and Rothery Rd, Bellambi	Emergency food relief by appointment	Call 4285 3715 on Thu - Fri: 9am - 3pm	Last service 13 Dec, returning 17 Jan
Bulli Community Centre	328 Princes Hwy, Bulli	Community Pantry	Pantry Thu: 9:30am -11.30am (fortnightly).	Last service 22 Dec, returning 5 Jan
Careways Community	Dapto Ribbonwood Centre, 93 - 109 Princes Hwy, Dapto	Community breakfast & free food packages	Mon and Thu: 8am - 9:30am	Last service 22 Dec, returning 30 Jan
	Koonawarra Community Centre 36 Fowlers Rd, Koonawarra	Community breakfast	Tue and Wed: 8am - 9:30am	Last service 13 Dec, retunring 30 Jan
CHAIN	1A Denison St, Wollongong	Breakfast (Mon - Fri) and food vouchers (Tue & Thurs) targeting youth	Mon: 9am - 12:30pm Tue - Fri: 9am - 4:30pm	Closed just Public Holidays
Corrimal Uniting Church	4 Russell St, Corrimal NSW 2518	Free morning tea & lunch provided Enz Meet Cafe	Wed: 11am -1pm	Christmas Day lunch 25 Dec 11.30am (booking required via 02 4284 3605)
Food Care (Shellharbour City Community Church)	500 Shellharbour Rd, Shellharbour	Free morning tea & low cost groceries (Fruit & Veg, bread & other items)	Thu: 10am - 1pm. Fri: 10am-12pm.	No info provided
Food for Life Community Care	6 Sylvester Ave, Unanderra. Kiama Baptist Church (Carpark) 1/3 Brown Street, Kiama. Cnr College Ave & Benson Ave, Stockland Shellharbour Guest Park carpark Balgownie Road entrance. 8 Schofields Lane, Berry. Nowra School of Arts (carpark), Berry Street, Nowra	Low cost community hampers Normal size hampers at \$60 & jumbo hampers at \$95 (incl GF or Vegan options). Order online via: <u>https://www.foodforlife.cc/</u>	Tue: Unanderra at 5pm - 6:30pm. Wed: Unanderra at 1pm - 2pm. Shellharbour at 5pm -6pm. Kiama 6:40pm-7:15pm. Thu: Fairy Meadow at 10am - 11am Guest Park carpark Balgownie Road entrance (next to no. 3), Berry at 3:30pm - 4:30pm, Nowra at 5pm - 6pm. Fri: Unanderra at 10am-2pm.	Christmas Hampers at \$80. No change to service during the Public holidays
Hope Community Kitchen	Port Kembla Senior Citizens Centre, Allan St, Port Kembla	Take away dinner	Fri: 6:30-8:30pm	Christmas dinner on Fri 23 Dec Last service 23 Dec, returning 27 Jan
Hope Food Pantry Helensburgh	3-23 Cemetery Rd, Helensburgh	Low cost community shop by appointment Family \$10 – choose 16 grocery items (plus fresh fruit and vegetables and bread).	Book appointment: https://hopechurch2508.org.au/community-pa ntry/	No info provided
HopeStreet Community Centre Port Kembla	27-29 Wentworth Street Port Kembla NSW 2505	Community breakfast and lunch	Mon-Fri: 9:15am - 11am Breakfast, 11am – 2:30pm lunch.	Last service 23 Dec, returning 9 Jan
HopeStreet Warilla North Community Centre	2-6 Hill St, Warilla	Community lunch - Tuesday Toasties	Tue: 11:30am - 12:30pm	Last service 23 Dec, returning 9 Jan



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Kind Hearts Illawarra	Burelli St side of MacCabe Park, Wollongong	Community dinner and food hampers	Tue & Thu: 5:30 - 6:30pm.	Christmas dinner on Thu 22 Dec Last service 22 Dec, returning 5 Jan
Lighthouse Community Kitchen	1 Railway Square, Wollongong	Community dinner and dessert	Tue & Thu: 5:30pm.	No info provided
Manna House	Manna House, Figtree Anglican Church, 4-10 Gibsons Rd, Figtree	Hot evening meals	Thu: 5-7pm during school terms.	Last service 14 Dec, returning 2 Feb
Need A Feed	Globe Lane, Wollongong	Connection, coffee & a chat (\$1 coffee)	Wed & Thu: 9am -11am	
	Northern Illawarra Uniting Church, Point St, Bulli	Community dinner (2 courses for \$5 per person or \$15 per family)	Fri: 5:30pm - 7:30pm (during school term)	No info provided
		In addition, works in partnership with community org. to provide emergency relief or wholesale food parcel providers.	Use referral form: https://www.needafeed.org/get-involved/	
Pulse Pantry (UOW Students only)	Building 11, Level 1A, University of Wollongong, Northfields Ave, Kieraville 2522	Free pantry staple ingredients for enrolled UOW Students.	Wed: 11am – 1pm, during session (11am - 12pm, outside of session)	Last service 14 Dec, returning 4 Jan
Assist Shellharbour (City Baptist Church)	10A Commerce Dr, Lake Illawarra (by library)	Food hampers available for pickup (Mon and Fri), and takeaway meals for pickup (Fri)	Mon: 11am - 2pm Fri: 11am - 2pm and hot meals from 5pm	No info provided
St Marks Anglican Church	429 Crown St, Wollongong	Food & Friends afternoon tea, community dinner and emegency food hampers	Mon: 3pm - 5pm	Christmas dinner & hampers Mon 19 Dec Last service 19 Dec, returning 23 Jan
St Vincent de Paul	41 Central Ave, Oak Flats	Emergency food vouchers by appointment for Oaks Flat, and Albion Park (Rail) residents	Call 02 4256 6266 for an appointment	Closed just Public Holidays
St Vincent de Paul Coniston drop in hub	12-16 Miller St, Coniston	Frozen meals, fruit, veg, bread, tea & coffee and community lunch every Thursday at 12pm	Mon – Fri: 9am – 12pm	Closed just Public Holidays
True Hearts Community	Pickup across the Illawarra or Senior Citizen Hall on Benuad Cres, Warilla	Offers food hampers via https://www.facebook.com/groups/160952357 2593713	Mon-Fri: Upon Contact on Facebook. Friday at Senior Citizen Hall on Benuad Cres, Warilla (for people with no facebook)	Closed just Public Holidays
Unanderra Community Centre	Cnr Factory Rd & Princes Hwy, Unanderra NSW 2526	Community food pantry	Mon-Thu 9:30-2:30pm. Wed 10am for Fruit and Veg.	No info provided
Vinnies Van	Warrawong Community Centre, 9 Green St, Warrawong	T Takeaway dinner and a cuppa T N F	Mon & Wed: 5:30pm - 6:00pm	No change to service during the Public holidays
	Albion Park Rail Community Centre, Albion Park Rail		Thu: 5:30pm - 6pm	
	Nowra Gateway Caravan Park – helicopter car park		Tues: 5:30pm-6pm	
	Wollongong Train Station (western side), wollongong		Mon & Wed: 6:30pm - 7:00pm	
	Bellambi Neighbourhood Centre, Bellambi		Fri: 5:30pm – 6pm	
Warrawong Resident Forum	Warrawong Community Centre, 9 Green St, Warrawong	Takeaway lunch. Tuesdays additional fresh fruit and veg available to take home (BYO Bag)	Tue - Thu: 11:30am – 12:30	X-mas lunch 21 Dec & left-overs day 22 Dec Last service 22 Dec, returning 10 Jan
Wesley Community Care	Behind the Church on the Mall, 116 Crown St, Wollongong	Takeaway morning tea and lunch and food parcels (when available)	Mon - Thu: 11.30am - 1.30pm, Fri: 11.30am - 1pm	Closed just Public Holidays
Wollongong Homeless Hub	75-79 Kiera Street Wollongong	Emergency food hampers by calling 02 4228 0955	Mon, Wed & Friday: 9am - 4pm	Last service 23 Dec, returning 3 Jan