



TOGETHER
TOWARDS A FAIR
FOOD SYSTEM

Low cost and free meals directory

2023

V3- 11/05/2023

Hosted and governed
since 2005 by



Provider	Type of Service	When	Address
Anglicare	Emergency food relief by appointment	Call 8624 8600 for an appointment	152 Keira St, Wollongong
Anglicare Mobile Community Pantry	Low cost community grocery, \$12 grocery bag (valued at \$60, mainly non-perishables). Community pantry at Op Shops. Call 8624 8600 for an appointment	Mon: 10:30am - 11:30am (fortnightly)	Anglican Church Corrimal
		Tue: 1:30pm - 2:30pm (fortnightly)	2nd Chance Op Shop, Berkeley
		Thu: 10:30am - 11:30am (fortnightly)	Anglican Church Oaks Flat
		Fri: 1:30pm - 2:30pm (fortnightly)	Shellharbour Anglican Church
Assist Shellharbour (City Baptist Church)	Food hampers available for pickup	Mon & Fri: 11am - 2pm	10A Commerce Dr, Lake Illawarra (by library)
	Community dinner	Mon: 4:30pm	
Bellambi Neighbourhood Centre	Emergency food relief by appointment (for 2518 postcode)	By appointment on Wed & Thu. Call 4285 3055.	Corner of Cawley St and Rothery Rd, Bellambi
	Children's breakfast program (for 2518 postcode)	Tue - Fri: 7:45am - 8:30am	
	Community lunch	Tue: 12pm - 1pm	
Bulli Community Centre	Community pantry	Thu: 9:30am - 11:30am	328 Princes Hwy, Bulli
Careways Community	Community catch-up with morning tea & food hampers	Mon: 9am - 10am	Dapto Ribbonwood Centre, 93 - 109 Princes Hwy, Dapto
	Community catch-up with afternoon tea & food hampers	Fri: 3pm - 4pm	Koonawarra Community Centre 36 Fowlers Rd, Koonawarra
CHAIN	Breakfast (Mon - Fri) and food vouchers (Tue & Thurs) targeting youth	Mon: 9am - 12:30pm Tue - Fri: 9am - 4:30pm	1A Denison St, Wollongong
Corrimal Uniting Church	Free morning tea & lunch provided at Enz Meet Cafe	Wed: 11am - 1pm	4 Russell St, Corrimal
Food Care (Shellharbour City Community Church)	Free morning tea & low cost groceries (fruit, veg, bread & other items)	Thu: 10am - 1pm Fri: 10am - 12pm	500 Shellharbour Rd, Shellharbour
		Tue: 1pm - 6:30pm, Wed & Fri: 10am - 2pm	56 Doyle Ave, Unanderra (Corner of Sylvester Ave)
Food for Life Community Care	Low-cost community hampers Standard size hampers at \$60 & jumbo hampers at \$95 (incl gluten-free or vegan options). Order online via: https://www.foodforlife.cc/	Wed: 6:40pm - 7:15pm	Kiama Baptist Church (Carpark) 1/3 Brown Street, Kiama.
		Wed: 5pm - 6pm	Cnr College Ave & Benson Ave, Stockland Shellharbour
		Thu: 10am - 11am	Guest Park carpark, Balgownie Road (entrance) Fairy Meadow
		Thu: 3pm - 4pm	20 Birriga Ave, Worroving Heights
		Thu: 5pm - 6pm	Nowra School of Arts (carpark), Berry Street, Nowra
Fresh Start Mission	Dinner or a cuppa	Fri: 5pm	Burelli st, Wollongong.
Hope Community Kitchen	Community dinner	Fri: 6:30pm - 8:30pm	Port Kembla Senior Citizens Centre, Allan St, Port Kembla
Hope Food Pantry Helensburgh	Low cost community shop by appointment	Fri: Book appointment via https://hopechurch2508.org.au/community-pantry/	3-23 Cemetery Rd, Helensburgh
Hope Street Community Centre Port Kembla	Community breakfast and lunch	Mon - Fri: 9:15am - 11am Breakfast Mon - Fri: 11am - 2:30pm Lunch	27-29 Wentworth Street, Port Kembla
Hope Street Warilla North Community Centre	Community lunch - Tuesday \$2 toasties with coffee/tea	Tue: 11:30am - 12:30pm	2-6 Hill St, Warilla
Kind Hearts Illawarra	Community dinner and food hampers	Tue & Thu: 5:30pm - 6:30pm	Burelli St side of MacCabe Park, Wollongong



TOGETHER
TOWARDS A FAIR
FOOD SYSTEM

Low cost and free meals directory

2023

V3- 11/05/2023

Hosted and governed
since 2005 by



Provider	Type of Service	When	Address
Lighthouse Community Kitchen	Community dinner and dessert	Tue & Thu: 5:30pm	1 Railway Square, Wollongong
Manna House	Hot evening meals	Thu: 5pm - 6:30pm (during school terms)	Manna House, Figtree Anglican Church, 4-10 Gibsons Rd, Figtree
Need a feed	Community lunch (2 courses for \$5 per person or \$15 per family)	Thu: 11am - 1pm	Community Space, Northern Illawarra Uniting Church, Point St, Bulli
	Partners with other community org. to provide emergency relief	Email weprovide@needafeed.org	
PCYC Wollongong	Breakfast (and youth activities) for school-aged students	Thu: 7am - 8am Call 02 4229 4418 to arrange	2 Exeter Avenue, North Wollongong
Pulse Pantry (UOW Students only)	Free pantry staple ingredients for enrolled UOW Students.	During Session: Tue & Thu 11am - 1pm Out Of Session: Tue 11am - 12pm	Building 11, Level 1A, University of Wollongong, Wollongong
St Marks Anglican Church	Food & Friends afternoon tea, community dinner and emergency food hampers	Mon: 3pm - 5pm	429 Crown St, Wollongong
St Vincent de Paul	Emergency food vouchers by appointment for Oaks Flat, and Albion Park (Rail) residents	Call 02 4256 6266 for an appointment	41 Central Ave, Oak Flats
St Vincent de Paul Coniston Homeless Hub	Hot/frozen meals, fruit, veg, bread, tea & coffee	Mon - Fri: 9am - 12pm	12-16 Miller St, Coniston
	Community lunch	Thu: 12pm	
True Hearts Community	Offers food hampers via https://www.facebook.com/groups/1609523572593713	Mon, Wed & Fri: Contact on Facebook for an appointment. Fri (for people without Facebook)	Pick up from Senior Citizen Hall on Benuad Cres, Warilla
Unanderra Community Centre	Community food pantry	Mon - Thu: 9:30 - 2:30pm	Cnr Factory Rd & Princes Hwy, Unanderra
	Fresh food hampers	Wed: 10am	
Vinnies Van	Lunch or dinner	Mon & Wed: 5:30pm - 6:00pm	Warrawong Community Centre, 9 Green St, Warrawong
		Thu: 12pm	Vinnies Coniston Homeless Hub, 12-16 Miller Street, Coniston
		Tue: 5:30pm - 6pm	Allowrie Crescent, East Nowra
		Mon & Wed: 6:30pm - 7:00pm	Wollongong Train Station (western side), Wollongong
Warilla Neighbourhood Centre	Free food pantry (mostly non-perishable)	Fri: 5:30pm - 6pm	Bellambi Neighbourhood Centre, Bellambi
		Tue: 1pm - 3pm	69 Benaud Crescent, Warilla
Warrawong Resident Forum	Community lunch. Tuesdays additional fresh fruit and veg available to take home (BYO bag).	Tue - Thu: 11:30am - 12:30	Warrawong Community Centre, 9 Green St, Warrawong
Wesley Community Care	Morning tea, lunch and food parcels (when available)	Mon - Thu: 11.30am - 1.30pm, Fri: 11.30am - 1pm	Behind the Church on the Mall, 116 Crown St, Wollongong
Wollongong Homeless Hub	Emergency food hampers by calling 02 4228 0955	Mon - Fri: 9am - 4pm	Various sites
Women Illawarra	Emergency food hampers by calling 02 4228 1499	Mon - Fri: 9am - 4pm	170 Corrimal St, Wollongong