

Key
 School Term: ●
 Fortnightly: ●
 Women Only: ●
 Uni Students Only: ●



Illawarra South (1/2)

Low-Cost & Free Meals Directory

Location	Time	Service	Provider
Monday			
Dapto Ribbonwood Centre, 93-109 Princes Hwy, Dapto	9 - 10am	Free Groceries	Careways Community
56 Doyle Ave Unanderra	9am - 3pm	Low-Cost Groceries	Food For Life Illawarra
27-29 Wentworth Street Port Kembla	10 - 11.30am 11.30am - 2pm	Breakfast and Lunch	Hope Street Community Centre Port Kembla
111 Military Rd Port Kembla	1.30 - 2.30pm	Low-Cost Groceries	Anglicare Mobile Community Pantry
Senior Citizen Centre, Benaud Crescent Warilla	1.30 - 3.30pm	Free Groceries ●	True Hearts Community
Barnados Driveway, 13 Greene St Warrawong	5.30 - 6pm	Dinner	Vinnies Van
Tuesday			
Shop 1, 210 - 222 Cowper Street (located on King Street) Warrawong	9am - 12pm 11.30am - 12.30pm 2 - 3pm	Free Groceries (registration) Lunch Free Groceries (collection)	Warrawong Resident Forum
56 Doyle Ave Unanderra	9am - 3pm	Low-Cost Groceries	Food for Life Illawarra
27-29 Wentworth Street Port Kembla	10 - 11.30am 11.30am - 2pm	Breakfast and Lunch	Hope Street Community Centre Port Kembla
Berkeley Community Centre, 40 Winnima Way Berkeley	10:30 - 11:30am (First Tues of month only)	Brunch	Need A Feed
Lot 1 Winnima Way Berkeley	1.30 - 2.30pm	Low-Cost Groceries	Anglicare Mobile Community Pantry
Berkeley Community Centre, 40 Winnima Way Berkeley	5.30 - 6pm	Dinner ●	Vinnies Van
Wednesday			
56 Doyle Ave Unanderra	9am - 3pm	Low-Cost Groceries	Food for Life Illawarra
Cnr Factory Rd & Princes Hwy Unanderra	10am - 12pm	Free Groceries	Unanderra Community Centre

Key
 School Term: ●
 Fortnightly: ●
 Women Only: ●
 Uni Students Only: ●



Illawarra South (2/2)

Low-Cost & Free Meals Directory

Location	Time	Service	Provider
Unanderra Community Centre, Cnr of Factory Road & Princes Hwy	9.30am - 10.30am (second Wed of month)	Breakfast	Need A Feed
27-29 Wentworth Street Port Kembla	10 - 11.30am 11.30am - 2pm	Breakfast Lunch	Hope Street Community Centre Port Kembla
69 Benaud Cres Warilla	11.30am - 1pm (first Wednesday of the month)	Lunch	Need A Feed
Shop 1, 210 - 222 Cowper Street (located on King Street) Warrawong	11.30am - 12.30pm	Lunch	Warrawong Residents Forum
Senior Citizen Centre, Benaud Crescent Warilla	1.30 - 3.30pm	Free Groceries	True Hearts Community
Barnados Driveway, 13 Greene St Warrawong	5.30 - 6pm	Dinner	Vinnies Van
Thursday			
56 Doyle Ave Unanderra	9am - 3pm	Low-Cost Groceries	Food for Life Illawarra
27-29 Wentworth Street Port Kembla	10.30-11.30am (second Thurs of month)	Lunch	Need A Feed
Shop 1, 210 - 222 Cowper Street (King St) Warrawong	11.30am - 12.30pm	Lunch	Warrawong Resident Forum
69 Benaud Cres Warilla	1 - 3pm	Free Groceries	Warilla Neighbourhood Centre
1 Thirroul Road Kanaooka	1 - 3pm	Free Groceries	Gathering Table
Friday			
56 Doyle Ave Unanderra	9am - 3pm	Low-Cost Groceries	Food for Life Illawarra
27-29 Wentworth Street Port Kembla	10 - 11.30am 11.30am - 2pm	Breakfast Lunch	Hope Street Community Centre Port Kembla
Senior Citizen Centre, Benaud Crescent Warilla	1.30 - 3.30pm	Free Groceries	True Hearts Community
36 Fowlers Rd Koonawarra	3 - 4pm	Afternoon Tea & Free Groceries	Careways Community
Port Kembla Senior Citizens Centre, Allan St Port Kembla	6.30 - 8.30pm	Dinner	Hope Community Kitchen
Saturday			
56 Doyle Ave Unanderra	9am - 2pm	Low-Cost Groceries	Food for Life Illawarra